



CALL FOR VOLUNTEERS AND SUPPORTERS!

Regular recreation programming and special events in your community would not be possible without the regular support of sponsors and volunteers! If you are interested in giving back to your community (even in a small way), please contact Madison Connolly for available volunteer and sponsorship opportunities. Your help is greatly appreciated!

Ph. 1 (204) 294-0072 / (204) 447-2154

recdirectormb@outlook.com



Recreation Newsletter

April 2017

ASK THE PUBLIC: WHAT WOULD YOU LIKE OFFERED IN YOUR COMMUNITY?

In order to supply our communities with successful recreation programs, the Municipality of Ste. Rose and Rural Municipality of Lakeshore must first understand the needs and desires of the general public. "Recreation" is defined as: *an activity that is done for enjoyment and personal well-being*. What kinds of recreational activities would you participate in if they were offered? Please select one or more options below and give your response via email or phone to Madison Connolly (Recreation Director - Municipalities of Lakeshore and Ste. Rose).

recdirectormb@outlook.com
(204) 447-2154 / (204) 294-0072

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|--------------------|--------------------|---------------------------------|---------------------------|
| *Art Classes | *Paintball | *Roller Derby | *More Seniors Activities |
| *Broom-Ball League | *Family Activities | *Guided Hikes/Snowshoeing | *Craft/Art Groups |
| *Fitness Classes | *Sport Lessons | *Outdoor Survival Workshops | *Book Club |
| *Archery | *Music Lessons | *Museum/Art Gallery Experiences | *Other (Please Elaborate) |

LAKESHORE HANDIVAN - UPCOMING TRIPS

For information or to reserve seat, call Kathi at (204) 768-2237

April 8: Arborg Dinner Theatre & Dance (\$50)

May 28: Prairie Dog Central Railway - The Great Train Robbery (\$60)

June 11: Cirque du Soleil (\$125)

July 29: Threshermen's Reunion - Austin (\$25)

August 20: Rainbow Stage - Mama Mia! (\$90)



BASEBALL SEASON IS ALMOST HERE!

The ice has melted, the skates have been stored away, and now it is time to get ready for the start of baseball season! Youth baseball registration for Ste. Rose du Lac will take place on **April 5th from 6:30-8:00pm in the Ste. Rose Arena Lobby** (555 Maillard St. Ste. Rose du Lac). Players are required to bring a photocopy of their birth certificate. If you cannot make it for registration, you may register at the Turtle River Sports and Agriplex office between April 6th-16th.



STE. ROSE MINOR SOCCER REGISTRATION

Minor Soccer practices will be held every Tuesday and Thursday from May 2nd - June 22nd. Ages 8-10 will practice from 5:30-6:30pm, and ages 11-14 will practice from 6:30-7:30pm at the Burnside Park soccer field in Ste. Rose du Lac. Additional tournament-style games may occasionally be held at nearby rural towns depending on available teams.

Open Registration Night: April 5th between 6:30-8:00pm at the Turtle River Sports and Agriplex Arena Lobby in Ste. Rose du Lac.

Registration Fee: \$45.00/Returning Player, or \$40.00/New Player

If you are interested in registering your child (aged 8-10, or 11-14) or if you have any questions about the program, please visit the Minor Soccer table during the open registration night or contact Olumide Soile at soileolumide@yahoo.com or (204) 951-6307. **The deadline to register is April 16th.** Registration forms will be available at the Ste. Rose Arena office until then.

SUMMER JOB OPPORTUNITY

SWIMMING/PADDLING INSTRUCTORS (\$16.00/hr)

The Lawrence and Ochre River Recreation Committees are seeking qualified swimming and paddling instructors for their July swimming programs. Work hours are negotiable and flexible. Employment dates for swimming and paddling are as follows:

July 10-14: Manipogo Provincial Park

July 17-21: Rainbow Beach Provincial Park

To be a swimming or paddling instructor you must have up to date basic First Aid and CPR training, have either Red Cross Water Safety or Lifesaving Society NLS certification, and have experience working with youth. Please send resumes or inquiries to Madison Connolly at recdirectormb@outlook.com.

Green Team positions will be posted for the RM of Lakeshore and Municipality of Ste. Rose in April on both Municipal websites and the Lakeshore & Ste. Rose Recreation Facebook page.

www.sterose.ca

www.rmoflakeshore.ca

EASTER CELEBRATIONS IN OCHRE RIVER!

Come join the Ochre River Recreation Committee on Saturday, April 15th from 1:00-3:00pm at the Ochre River Community Hall for the community's annual Easter Tea and Egg Hunt! It will be a great day to spend with your family, or friends! There will be a silver collection for the Ochre River Recreation Committee.



STE. ROSE FITNESS CLASSES ARE BACK

Natalie Bonin-Archambault is back teaching mixed fitness classes at the Ste. Rose Community Hall this month! Each class is designed to strengthen your cardiovascular, core, leg, and arm muscles. Suitable for beginner and intermediate fitness levels. Classes will be held every Tuesday and Thursday (6:00-7:00pm) from April 4-May 25. Discounted Class Passes can be purchased at any point at the Turtle River Sports & Agriplex Recreation Office.

10+ Class Pass: \$6/Class

5+ Class Pass: \$7/Class

Drop in: \$8/Class

PLAY CASUAL BASEBALL IN OCHRE RIVER

Ochre River is looking for amateur baseball teams to come out and play ball Friday evenings this spring. No registration fees are required, just a great competitive attitude! Adult and youth teams are welcome. Please contact for more details or to register: recdirectormb@outlook.com

Regularly Scheduled Activities

STE. ROSE COMMUNITY HALL

FITNESS CLASSES (DROP IN - \$8)

Tuesdays & Thursdays from 6:00-7:00pm
April 4 - May 25
(No Class April 11 or 13)

STE. ROSE SCHOOL

TAEKWONDO

Mondays and Thursdays from 6:30-8:00pm

GRACE BAPTIST CHURCH

(Hwy 5 Between Ochre River and Ste. Rose du Lac)

LADIES BIBLE STUDY

Wednesdays at 9:30am

JUNIOR YOUTH GROUP

Every Second Wednesday at 7:00pm

YOUTH ON FIRE

Fridays at 7:30pm
(Occasionally on Thursdays)

MENS MINISTRY

Every Second Saturday at 7:30am

LAWRENCE COMMUNITY CENTRE (Rorketon)

BINGO

Fridays at 7:00pm

RESOURCE SENIORS MEAL PROGRAM

Mondays, Wednesdays, Fridays

THE EAGLES NEST (Rorketon)

CHASE THE ACE

Saturdays from 7:00-9:00pm

OCHRE RIVER SENIORS CENTRE

BINGO

Mondays at 7:00pm

COFFEE & REFRESHMENTS

Monday-Friday from 8:00-9:00am and 3:00-4:00pm
All Proceeds go to Purchasing New Tables/Chairs for Hall

OCHRE RIVER LIBRARY

BOOK CLUB

Meets every Second Wednesday of the Month

Have any recreation news or events for May 2017?
Let us know so we can include that information in the May newsletter!
recdirectormb@outlook.com / (204) 447-2154

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4	5	6	7	8
SUNDAY FUNDAY: Family Freestyle Dance Ste. Rose Community Hall 1:00-2:00 PM (204) 294-0072 FREE - FAMILY FRIENDLY		DANCING FOR EVERYONE! Ochre River Drop-in Centre 7:00pm (\$2 ENTRY) Learn traditional dances, or just have fun! Open to all ages (204) 733-2619	YOUTH BASEBALL & SOCCER REGISTRATION Ste Rose Arena Lobby 6:30-8:00pm		MAKINAK CARD PARTY! Makinak Drop-in Centre 7:30pm (\$3 ENTRY) Whist & Pie Bingo, 50/50, Cake Draw, Silent Auction, Late Lunch!	CREATIVE COMPOUNDS: Paint Nite! (\$30 / person) Ste. Rose Curling Lobby 4:00-6:00pm Call 1(204) 294-0072 to register! BUD & SPUD DINNER Ste. Rose Kinsmen Ste Rose Curling Club - Upstairs 6:00-8:00pm
9	10	11	12	13	14	15
SUNDAY FUNDAY: Giant Board Games Lawrence Community Centre 1:00-3:00 PM (204) 294-0072 FREE - FAMILY FRIENDLY		DANCING FOR EVERYONE! Makinak Drop-in Centre 7:00pm (\$2 ENTRY) Learn traditional dances, or just have fun! Open to all ages (204) 733-2619				EASTER TEA & EGG HUNT Ochre River Community Hall 1:00-3:00 PM - Drop in! SILVER COLLECTION
16	17	18	19	20	21	22
		DANCING FOR EVERYONE! Ochre River Drop-in Centre 7:00pm (\$2 ENTRY) Learn traditional dances, or just have fun! Open to all ages (204) 733-2619				LAURIER DINNER & CONCERT Laurier Community Centre Band: Kyle Neault Doors Open at 4:30pm \$40/Ticket (Advance Only) (204) 447-4652, (204) 496-0979, (204) 447-2559, (204) 447-2616
23	24	25	26	27	28	29
		DANCING FOR EVERYONE! Makinak Drop-in Centre 7:00pm (\$2 ENTRY) Learn traditional dances, or just have fun! Open to all ages (204) 733-2619				
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