

REGISTRATION FORM / WAIVER

STE. ROSE RECREATION COMMISSION - YOUTH REC HOCKEY (Winter 2018)



WHEN: Mondays 6:00-7:15pm (January 15 – March 12, 2018)

WHERE: Ste. Rose Arena (555 Maillard Street, Ste. Rose du Lac)

AGES: Youth 7-13

REGISTRATION FEE: \$60.00/person (must be submitted before January 12, 2018)

Program Outline:

- 2 volunteer coaches with hockey experience will supervise all activities on the ice each night.
- Each night will consist of 30 minutes of learning basic hockey fundamentals: skating drills, passing pucks, hockey rules and regulations, and other necessary skills associated with playing hockey at an early stage.
- The remaining 45 minutes per night will consist of a scrimmage made up of all participants attending.
- Please arrive 10-15 minutes before the scheduled ice time (6:00pm) to put on hockey /skating equipment.

Equipment:

- Each participant is required to bring their own regulation helmet, sharpened hockey skates, a hockey stick, and safety padding.
- The following will be provided for: practice jerseys/pinnies, goalie equipment, hockey pucks.

Expectations/Regulations:

- This program is intended for those who do not participate in any other competitive hockey program, as Rec Hockey is played at an **amateur level**. Minor Hockey players (playing at a competitive level), *may* participate in Rec Hockey for extra practice purposes only: meaning that they respect other Rec Hockey players who may just be learning the basics.
- This program is just for fun and fitness! No abusive, unnecessarily violent, or rude behaviour will be tolerated from players or spectators. Such behaviour will result in an automatic suspension without refund.

Parents or community volunteers are always appreciated to help coach! If one of our primary coaches is unable to make a Rec Hockey night, it would be great to have a list of parents interested in casual coaching.

Want to be added to the substitute coach list? Name: _____

Phone: _____ **Email:** _____

REGISTRATION FORM & FEES DUE: Friday, January 12 (5:00pm)

Email and e-Transfer: recdirectormb@outlook.com

In person: Rec Office (Mon-Fri 8:30-10:30am drop in hours) or call (204) 447-2154 to make an appointment.

Mail: PO 748 (555 Maillard Street, Ste. Rose du Lac, R0L1S0)

LIABILITY WAIVER

I agree to all of the content outlined on the previous page, and I understand that the Ste. Rose Recreation Commission and its appointed volunteer coaches are not responsible for any injuries that may result from playing physical sports. I also understand that volunteer coach supervision is from 6:00-7:15pm, and all youth must be accompanied by an adult inside the Ste. Rose Arena before and after this period.

Parent/Guardian Signature: _____

PLAYER INFORMATION:

Name: _____ Age: _____

Preferred Hockey Position (If Applicable): _____

Any Health/Dietary Restrictions?

PARENT/GUARDIAN INFORMATION:

Name(s): _____

Primary Phone: _____

Email: _____

Comments?

Please follow us on Facebook for regular updates and news! "Lakeshore and Ste Rose Recreation"

Ste. Rose Recreation Commission

Madison Connolly (Recreation Director)

(204) 447-2154

recdirectormb@outlook.com